

Lip lift post-op care

Apply antibiotic ointment to incisions x 3 a day. Use a cotton bud and clean away any dry blood or crusting that may have developed.

After 48hrs the skin edges are waterproof and you can gently sponge the wound when bathing and pad it dry. Re-apply the antibiotic ointment afterwards.

Please ensure you attend your follow-up appointment on the correct day to have your stitches removed.

Paracetamol and ibuprofen pain medication is fine to take post-surgery. Please take as needed.

What to expect

Minor bleeding is normal, especially with movement. If bleeding occurs, place gentle pressure over the wound for 15 minutes. In almost all instances this will stop the bleeding. Occasionally ice is also necessary to settle down bleeding. If not settling, please contact our office.

Minor swelling is also to be expected. Swelling associated with pain, redness, a fever or sweats may be a sign of infection. If this occurs, please contact our office.

What to avoid

Avoid excessive movement of the wound for 3 weeks. This includes heavy lifting and strenuous activity such as jogging or swimming. This can cause the wound to break open or the scar to widen.

If you have any questions please contact us on 02 9982 3439 or info@drjasonroth.com.au

If you are concerned at any time after your surgery, please contact Dr Roth's rooms on (02) 9982 3439 or via email on info@drjasonroth.com.au. If it is out of business hours and you need urgent care, please attend your nearest emergency department or GP. If your surgery was performed at Castlecrag Private Hospital or North Shore Private Hospital you may also contact the ward nursing staff who are there 24 hrs a day. Note that these hospitals do not have an emergency department, have no medical staff on site overnight and cannot provide assistance in the case of emergencies once you have left the hospital.